

## Your schedule : GOURMET DELIGHT, FROM LYON TO DIJON 6 DAYS/6 NIGHTS

*Non-contractual photos – For logistical reasons and depending on the dates of your stay, the incoming agency may have to change the activity and/or day schedule.*

### **SUMMARY**

#### **Day 1**

- *Arrival in Lyon at the beginning of the afternoon*
- *Coach tour of the city including a visit to a silk craft*
- *Dinner in a "Bouchon Lyonnais" (traditional Lyon-style restaurant)*
- *Overnight stay in Lyon*

#### **Day 2**

- *Guided walking tour of Old Lyon and its "traboules", discovery of the Halles Paul Bocuse (market) - Lunch in a restaurant in the Halles*
- *Free afternoon (see suggestions bellow)*
- *Gourmet dinner*
- *Overnight stay in Lyon*

#### **Day 3**

- *Visit to meet winemakers in the Beaujolais region, the "Country of the Golden Stones*
- *Wine sensory discovery and "Oenothèque" – wine discovery area*
- *Dinner and overnight stay at the Château de Pizay\*\*\*\*\**

#### **Day 4**

- *Visit to the historic Cluny Abbey, then on to the Château de Cormatin*
- *Lunch along the Burgundy Wine Route, stop-off in Brançon*
- *Tournus: Visit to the Abbey*
- *Overnight stay in Chalon sur Saône*

#### **Day 5**

- *Discovering a wine estate + cellars - Lunch on the estate*
- *Visit to Beaune and its world-famous Hospices*
- *Dinner and overnight stay in Beaune*

#### **Day 6**

- *Visit to Cîteaux Abbey , then to the production workshop run by a red-berry liqueur or crème de liqueur maker and an invitation to taste various related products*
- *Château du Clos de Vougeot - Guided tour of Dijon*
- *Dinner and overnight stay in Dijon*

## **DAY 1**

### **Based on the time you arrive: guided coach tour of Lyon...**



This 2-hour guided coach tour is the chance to catch a global impression of one of France's most important cities. Its history, from the Roman era to the current day, is perceivable through its architecture, which led it to be partially listed as a UNESCO World Heritage site.

You will also visit the only place in Lyon where you can watch "Jacquard" backstrap weaving looms at work. During a commented tour, you will discover Jacquard's invention, illustrated through demonstrations of backstrap weaving looms, the history of silk, the social contribution that the "Canuts" (silk workers) made in the 19th century and the current 21st-century climate of the Rhône-Alpes' textile industry.

### **8:00 pm: Dinner in a "Bouchon Lyonnais"...**

Dining in a Bouchon... a definite must-do when on a trip to Lyon, to discover part of the city's heritage. What is a Bouchon? Basically, a traditional restaurant where you can eat Lyon specialities washed down with a pitcher of wine from the region, in a happy-go-lucky, friendly atmosphere!

Overnight stay in Lyon

## **DAY 2**

### **9:00 am: Guided tour of Lyon...**



Heritage site.

A historic guided walking tour through medieval and Renaissance Lyon along its narrow, cobbled streets and its world-famous traboules. These passageways that link one street to another reveal superbly renovated architectural treasures: interior courtyards, Italian-style arcades, wells, spiral staircases and much more... Your guide will share with you the secrets and anecdotes that made this historic district famous, which was also the 1st protected sector in France listed as a UNESCO World

### **11:30 am: Halles Paul Bocuse...**

You will ride a bus to the Halles Paul Bocuse. Taste-bud paradise, legendary institution of great food, indisputable melting pot of tastes and flavours, world-class reference for gourmets, Lyon's Halles Paul Bocuse are iconic of Lyon and French-style culinary excellence.

You will have lunch in this "temple of gastronomy".

### Free afternoon...

Suggestions:



of the future.

why not roam through the new Confluence district, Lyon's futuristic showcase. Epitomizing contemporary urban planning, the district development was imagined "as one": housing, shops and services, leisure spaces, "soft" transport modes and where the environment is protected. Stroll along the buildings with their ever-so daring architectural design, like the orange Cube and the Darse, and discover places where creativity and entrepreneurial spirit are celebrated! A certain vision

Or shopping in the Carré d'Or (Golden Mile).

The Carré d'Or, located between Bellecour and Cordeliers, provides a fantastic opportunity for high-end shopping: major chain stores, multi-brand stores and more intimate designer boutiques. A wonderfully-strategic district for Lyon window shopping!

### 7:30 pm: Gourmet dinner...

## DAY 3

Today you will leave Lyon and head for one of France's main winemaking regions.

### Beaujolais, the "Country of the Golden Stones"...



The vibrant, bright South Beaujolais stands out with its villages built with yellow ochre stone that plays with the reflections of the sun.

You will meet winemakers, stop off in incredible villages and enjoy a meal right in the middle of the vineyard.

You will spend your evening in a marvellously-charming 4-star establishment.



You will discover its "oenothèque", where you will spend a fun-filled moment taking part in 8 oenology initiation workshops – the only one of its kind in France! You will learn all the basic must-knows about wine-tasting through various quizzes on colours, flavours, tastes, taste interactions, tannin, the difference between flavours and tastes, maturing in oak casks, wine aging and more...

Dinner will be served in the establishment's gastronomic restaurant.

## **DAY 4**

### **10:00 am: Cluny Abbey...**



Cluny Abbey was founded by William I, Duke of Aquitaine in 910. Its construction was completed in the mid 12th century, during its apogee of power and influence. For five centuries, up until St. Peter's Basilica was built in Rome, Cluny Abbey was the largest religious building in Europe (177 m long). Several popes came from Cluny.

A first church was built during the 10th century in Carolingian tradition. During the following century, a second pre-Romanesque-style church was built. Less than a hundred years later, the project to build the St. Peter and St. Paul basilica began.

The abbey was demolished during the French Revolution and, today, only certain elements remain. Stroll through the town and try to imagine how gigantic the whole building must have been...

### **12:00 pm: Château de Cormatin**



You will be captivated by the Château de Cormatin, its majestic gardens and decorative water features in the heart of Southern Burgundy.

The Marquis de Uxelles commissioned its construction in the early 17th century to brandish their power and prestige: wide moats, turrets, great masonry foundations, gunloops and a drawbridge... the castle was built to impress. And impress it does, even today.

**Lunch** (depending on the season, lunch may be arranged before the Château de Cormatin visit)

### **3:30 pm: Brancion...**



Perched on a rocky spur, right in the middle of the Roman route that links the Tournus and Cluny abbeys, Brancion welcomes you and invites you on a magical journey of discovery to ever-so enchanting Middle Ages: fortified doors, dungeon overlooking the village with its Romanesque church, breathtaking panoramas and pleasant strolls around a totally pedestrian-only site. The castle itself, nestling in unspoilt natural surroundings, is a place where time seems to have stood still.

#### 4:30 pm: Tournus – Visit to Saint Philibert Abbey...



Built by monks who had fled Viking raids on Noirmoutier to house the relics of their founder St. Philibert, the abbey in Tournus is one of the most impressive sanctuaries of pre-Romanesque-style churches. Remarkably preserved, it stands out with its pink and ochre-coloured stones as it towers over Tournus on the right bank of the Saône. The abbey interior is stunning by its dimensions, the height of its vaulted ceiling, the light of its narthex and its great nave as well as by its tall cylindrical columns and its transverse barrel vaults. The abbey buildings, connected to the church via the parlour, comprise the cloisters, the chapter house, the refectory and the storeroom.

Dinner and overnight stay in a charming establishment in Chalon sur Saône

### DAY 5

#### 10:00 am: Vineyard and wine cellar tour...



You will visit the vineyard of a well-known wine estate in Puligny-Montrachet, where you will meet sommeliers-guides who will introduce you to the Burgundy wine-growing area, vine cultivation and the mysteries of wine appellations. Weather permitting, you will be able to enjoy a stroll through the prestigious Grands Crus vineyard.

Afterwards, the owners will share a few great Burgundy wine trade secrets with you. Combine these 2 experiences and discover the grape's journey and its transformation... from the vine to the bottle.

#### 12:30 pm: Lunch at the estate's gastronomic restaurant...

#### 2:30 pm: Departure for Beaune...



Your journey will continue along the Grands Crus Wine Route, passing through celebrated wine estates like Meursault and Pommard and will end in the town of Beaune, renowned throughout the world for its Hospices.

Hôtel-Dieu, with its Gothic facades, its brightly-glazed polychrome roofs, decorated with geometric figures, is part of the Hospices de Beaune, a charitable almshouse founded in 1443 by Nicolas Rolin, Chancellor of the Duke of Burgundy and his wife Guigone de Salins. This historic monument, preserved in an extraordinary state of conservation, is an extremely rare example of civil architecture of the Middle Ages.

#### **4:30 pm: Visit to a mustard manufacturer...**

This manufacturer, equipped with high-performance industrial equipment, has successfully perpetuated the savoir-faire of traditional artisan mustard-makers: stone-grinding the seeds which ensures the paste has exceptional taste quality. Particular attention is given to preserving and protecting the environment. You will discover the secrets of this condiment through an informative and highly-surprising visit.

Dinner and overnight stay in Beaune

## **DAY 6**

#### **10:00 am: Cîteaux Abbey...**



You will visit the age-old buildings of Cîteaux Abbey, accompanied by a guide, and learn about monastic life and the Cistercian tradition. This spiritual and cultural journey, unique in its kind as it takes place inside the monastery, will take you through 900 years of history, from the 12th century to the present-day living community.

A short stop-off to look around the gift shop where you can discover the community's homemade products such as their highly-acclaimed Cîteaux cheeses.

#### **12:00 pm: Red berry workshop...**

Close to Nuits-Saint-Georges, you will visit the production workshop run by a red-berry liqueur or crème de liqueur maker (blackcurrants, redcurrants, etc.) and get the chance to taste various related products (blackcurrant ketchup and butter, to name but two).

#### **2:30 pm: Château du Clos de Vougeot...**



Back in the 12th century, the monks from Cîteaux Abbey began building winegrowing production facilities in the middle of the vineyards. The ensemble was completed in the 16th century with the addition of a central building designed in pure Renaissance style. The Château du Clos de Vougeot, located right in the middle of the Grands Crus Wine Route, is sure to delight history buffs, architecture fans and wine lovers alike. This outstanding historic monument is home to the Confrérie des Chevaliers du Tastevin, an exclusive club of Burgundy wine enthusiasts.

#### 4:00 pm: Guided tour of Dijon...



guide will be delighted to show you.

Blessed with a very rich past, Dijon embraces one of the largest protected sectors of France, which spans 97 hectares. This historic centre is acknowledged by UNESCO as a site of "outstanding universal value". Gothic and Romanesque churches, medieval half-timbered houses, narrow winding alleyways, like the Rue de la Chouette, the imposing Palace of the Dukes of Burgundy, sumptuous 17th and 18th-century private mansions... just a few of the wonders to see in this outdoor museum, which your

After the tour and before dinner, free time to explore the city's many shops and boutiques and enjoy some gourmet delights.

Overnight stay in Dijon

END OF THE TOUR